



SENIOR CENTER NEWS

VOLUME 29 - SEPTEMBER 2026



Our Daily Schedule

8:00am-10:00am
Coffee & Chat

8:00am-11:15am
Cards & Games

10:00am-11:00pm
Morning Exercise

11:30am-12:30pm
Lunch

12:30pm-2:00pm
Bingo

12:30pm-3:00pm
Games & Cards

3:00pm
Close



Luau Fun

This month, we hosted a fun-filled Luau! Our members pulled out their grass skirts and were greeted by our staff with a colorful lei. Shelley led a Hula dance lesson, followed by a Hula Hoop contest and Hawaiian Trivia contest. There was plenty of laughter, smiles, and aloha spirit throughout the celebration!

We also created an Aloha Tree. Members were encouraged to write a note of encouragement, share something they were thankful for, or welcome another member on a leaf and add it to the tree. It was wonderful to see our members spreading kindness, gratitude, and encouragement throughout our community.

Mahalo to everyone who helped make our Luau so special, especially our friends from Right at Home for providing a tropical photo booth and awesome props!

Special Thanks to August's Big Bingo Sponsors!

Autumn Lakes | Visiting Angels

Country Hoedown

Thursday, September 10th
11:30am

Join us for a Boot Scootin' Country Hoedown and Chow Down on some Southern grub! Come dance, sing along, and enjoy some great country music with our favorite country singer, Linda Banks!



OCHAC Workshop

Wednesday, September 23rd
1:00pm

We are happy to welcome back Denise and Rosemary from the Ocean City Health Advisory Council to host a workshop titled "Sweet Dreams! Secrets to a Better Night's Sleep."



Movie Monday

Good Will Hunting

Monday, September 28th
1:00pm

Will Hunting, a 20-year-old self-taught mathematical genius working as a janitor at MIT in Boston. After he solves a complex graduate-level math problem, a professor and a therapist help him confront his troubled past and fears of vulnerability.



Connect with us!

To sign up for any of our lunches or activities, or to get more information, reach out to our team!



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