



SENIOR CENTER NEWS

VOLUME 28 - AUGUST 2026



Our Daily Schedule

8:00am-10:00am

Coffee & Chat

8:00am-11:15am

Cards & Games

10:00am-11:00pm

Morning Exercise

11:30am-12:30pm

Lunch

12:30pm-2:00pm

Bingo

12:30pm-3:00pm

Games & Cards

3:00pm

Close



Star-Spangled Celebration

We celebrated the 250th Anniversary of our great nation with a patriotic celebration. Special thanks to Autumn Lakes for providing us with some delicious ice cream, and to Right at Home for a most beautiful photo booth!

Special Thanks to July's Big Bingo Sponsors!

Journey Hospice | Ridgewood Senior Living



Sweatin' to the Oldies

Tuesday, August 11th

1:15pm

Get on your feet and "burn, baby burn" some calories with our friend Lisa! She'll be leading this energizing exercise class, our own Richard Simmons!



Summer Luau

Thursday, August 20th

11:30am

Come with us to the islands! Our kitchen will be serving up a Polynesian-inspired feast, while we hula dance the day away.



Movie Monday *Grease*

Monday, August 31st

1:00pm

Good girl Sandy Olsson and greaser Danny Zuko fell in love over the summer. When they unexpectedly discover they're now in the same high school, will they be able to rekindle their romance?



Connect with us!

To sign up for any of our lunches or activities, or to get more information, reach out to our team!



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