

# Health & Wellness Expo

Ocean City Music Pier

Moorlyn Terrace & Boardwalk



## June 14, 2026

11:00am - 3:00pm

Free Fitness Classes

Blood Pressure Screenings

Kids Corner

[OceanCityVacation.com](http://OceanCityVacation.com)

# Health & Wellness Expo Program

Drum Fit (Free Class) – 11:15AM

Functional Mobility Stretch (Free class) – 12:00 Noon

Laughter Yoga (Free Class) – 12:45PM

Hula Hoop (Free Class) – 1:30PM

Athleisure Fashion Show – 2:15PM



**Be sure to visit the Kids Korner for activities and bike safety lessons from the Ocean City Police Department!**

