



30TH ANNUAL OCNJ LABOR DAY RACE FOR HEALTH AND FITNESS

MONDAY, SEPTEMBER 6, 2021

9:00am

5 mile beach run (South) 23rd – 46th

1 mile walk/run (North) 23rd –18th

(immediately following the 5 mile run start)

MAKE CHECK PAYABLE TO:
OC Recreation Trust Fund

MAIL CHECK AND ENTRY FORM TO:
O.C. AQUATIC & FITNESS CENTER

1735 Simpson Ave. Suite 1
OCEAN CITY, N.J. 08226
c/o OCNJ Labor Day Race

Race shirt and # pick up :

Sat 9/4 & Sun. 9/5: 12noon - 4pm.
at the Aquatic & Fitness Center
1735 Simpson Ave.

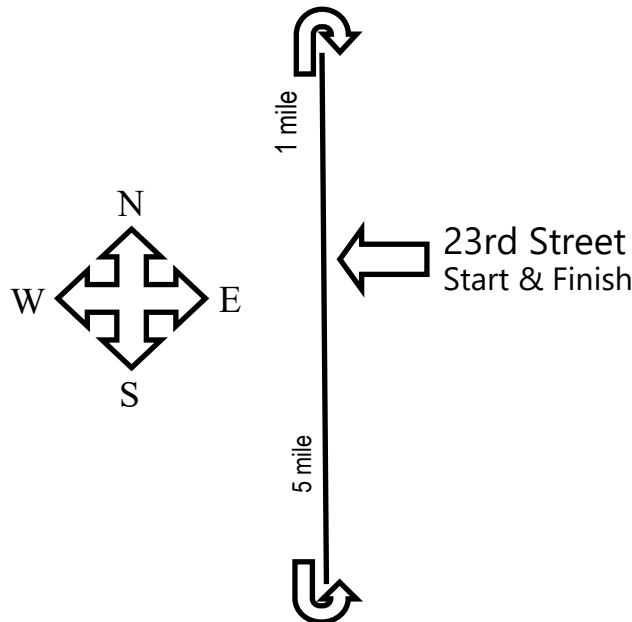
Race Day pick up

7:30 - 8:30am 23rd St. Beach

ALL PARTICIPANTS MUST BE CHECKED IN
BY 8:30AM AT 23RD ST & Boardwalk

COURSE

5 Mile Beach Run and
1 Mile Health Walk/Run



AWARDS

5 MILE BEACH RUN

Top male and female finishers will receive a two night stay at an Ocean City area hotel. Awards to the top 3 finishers in each age group:

14 & under	35-39	60-64
15-19	40-45	65-69
20-24	45-49	70-74
25-29	50-54	75-79
30-34	55-59	80+

PARTICIPATION RIBBONS FOR THE
1 MILE HEALTH WALK/RUN

Awards ceremony, door prizes and refreshments following the races.

2021 Race Series Sponsors

Thomas Heist Insurance
OCFPL
OCPBA
Shirt Shack
Duncan Homes/Surfside Construction
Fox Real Estate

Prize Sponsor



FOR MORE INFORMATION CALL
(609) 398-6900 OR (609) 525-9317
e-mail lrumer@ocnj.us

Race/Registration: www.ocnj.us/race-events
or
OCNJ.RecDesk.com



OCNJ LABOR DAY RACE



SEPTEMBER 6, 2021

9 A.M.

Ocean City, NJ

5 Mile Beach Run

1 Mile Fun Run/Walk



REGISTRATION:
2/1/2021 - 8/28/2021
\$25.00 - Adults
\$15.00 - 13 & under
And cross-country team members

8/29 - 9/2 Until 4pm
\$30.00 - Adults
\$20.00 - 13 & Under

9/4, 9/5 & Race Day
in-person only
\$35.00 - Adult
\$25.00 - 13 & Under

Race T Shirt given to
pre-registered runners
Beginning at 7:30 am
AT 23RD ST & BOARDWALK

Race shirts while supplies last

Online Registration:
No Refunds
OCNJ.RecDesk.com

Proceeds Benefit:
Ocean City Recreation
Scholarships
And Programs

OCNJ LABOR DAY RACE

Name: _____ Age: _____ Gender: M or F

DOB: _____ Phone: _____

Address: _____ State: _____

City: _____ Zip: _____

E-mail: _____ Shirt Size: YM / Men's or Ladies S/M/L/XL/XXL

Emergency Phone: _____ Contact _____

As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such program.

I agree to waive and relinquish all claims I may have as a result of participating in the event against the City and its officers, agents, servants and employees.

I do hereby fully release and discharge the City and its officers, agents, servants and employees from any claims, from injuries, damage or loss which I may have or which may accrue to me arising out of, connected with, or in any way associated with the activities of the event.

I further agree to indemnify and hold harmless and defend the City and its officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me arising out of, connected with, or in any way associated with the activities of the event.

I have read and fully understand the above Event Details, Waiver and Release of all claims and permission to secure treatment.

Name (Please print) _____